



QUALIFICATION SYSTEM
GAMES OF THE XXXIV OLYMPIAD – LA28

WORLD TRIATHLON

TRIATHLON



A. EVENTS	MEN	WOMEN	MIXED
	Individual Competition	Individual Competition	Mixed Relay

B. QUOTA PLACES			
B.1. Total quota places for triathlon:			Total
QUOTA PLACES	51	51	102
HOST COUNTRY QUOTA PLACES	2	2	4
UNIVERSALITY PLACES	2	2	4
TOTAL	55	55	110

B.2. Maximum number of athletes per National Olympic Committee (NOC):			
QUOTA PLACES PER NOC	3	3	6

NOCs may have a maximum of three quota places per gender in case represented by minimum three athletes of the same gender within the highest 30 places of the World Triathlon Individual Olympic Qualification Ranking as of 18 May 2028. Other NOCs may have a maximum of two quota places per gender.

NOCs with minimum two men and two women qualified, regardless of the qualification pathway, are entitled to have a team competing in the mixed relay event.

B.3. Type of allocation of quota places

Quota places are allocated to the NOC(s), with the exception of the universality places, which are allocated to the athletes.

C. ATHLETE ELIGIBILITY

All athletes must respect and comply with the provisions of the Olympic Charter currently in force, including but not limited to Rule 41 (Nationality of Competitors) and Rule 43 (World Anti-Doping Code and the Olympic Movement Code on the Prevention of Manipulation of Competitions), as well as the IOC Policy on the Protection of the Female (Women's) Category in Olympic Sport and Guiding Considerations for International Federations and Sports Governing Bodies (the "Policy").

Only those athletes who respect and comply with the Olympic Charter, the Policy, the World Anti-Doping Code and the Olympic Movement Code on the Prevention of the Manipulation of Competitions, the conditions of participation established by the IOC, as well as the rules or policies of World Triathlon, may participate in the LA28 Olympic Games.

Age requirements

C.1. To be eligible to participate, athletes must have been born on or before 31 December 2010

Additional IF eligibility criteria

C.2. To be eligible to participate in the LA28 Olympic Games, all athletes must represent the same National Federation during the whole qualification period and be among the top 160 in the World Triathlon Ranking by 18 May 2028.

D. QUALIFICATION PATHWAY

The qualification events are listed in hierarchical order of qualification. The full World Triathlon calendar of events can be found [here](#).

Athletes who comply with the age requirements outlined in section C are eligible for both individual and mixed relay events.

D.1. Quota places

Qualification events via Mixed Relay events

Total 4

2 x Men

2 x Women

Host country places

The host country is guaranteed two quota places per gender, provided they fulfil the eligibility criteria.

Total 4

2 x Men
2 x Women

2026 World Triathlon Mixed Relay Championships, Hamburg, Germany, 12 July 2026

The highest ranked eligible NOC in the 2026 World Triathlon Mixed Relay Championships will be allocated two quota places per gender. In case the NOC has already obtained the slots, the quota places will be allocated to the next ranked NOC in the event. In case the NOC does not have two men and two women eligible, the quota places will be allocated to the next ranked NOC in the event.

Total 4

2 x Men
2 x Women

2027 World Triathlon Mixed Relay Championships, TBC

The highest ranked NOC in the 2027 World Triathlon Mixed Relay Championships will be allocated two quota places per gender. In case the NOC already obtained the slots, the quota places will be allocated to the next highest ranked NOC in the event. In case the NOC doesn't have two men and two women eligible, the quota places will be allocated to the next highest ranked NOC in the event.

Total 32

16 x Men
16 x Women

World Triathlon Mixed Relay Olympic Qualification Ranking

The highest ranked NOCs from each of the five continents on the World Triathlon Mixed Relay Olympic Qualification Ranking as of 18 May 2028 will be allocated two quota places per gender, subject that an NOC from that continent is not already allocated quota places and that the NOC is ranked among the top 15. In case an NOC doesn't have two men and two women eligible, the places will be allocated to the next highest ranked NOC from the same continent, subject that the NOC is ranked among the top 15 in the World Triathlon Mixed Relay Olympic Qualification Ranking.

The remaining quota places two quota places per gender up to eight NOCs in total - will be allocated to the highest ranked NOCs on the World Triathlon Mixed Relay Olympic Qualification Ranking as of 18 May 2028. In case an NOC already obtained the quota, the quota places will be allocated to the next highest ranked NOC in the ranking. In case an NOC doesn't have two men and two women eligible, the quota places will be allocated to the next highest ranked NOC in the ranking. If there is no NOC with two men and two women eligible, the quota places will be allocated to the World Triathlon Individual Olympic Ranking.

The events counting for the World Triathlon Mixed Relay Olympic Qualification Ranking will be according to the criteria outlined on the official website of World Triathlon [here](#).

MEN / WOMEN	Quota places	Qualification events via Individual events
	Total 42 21 x Men 21 x Women	World Triathlon Individual Olympic Qualification Ranking - between 18 May 2026 and 18 May 2028
		<p>The 21 highest ranked athletes on the World Triathlon Individual Olympic Qualification Ranking as of 18 May 2028 will be allocated one quota place for their eligible NOC, respecting the maximum quota allocation per NOC per event. In case the NOC has already obtained the slots, they will not be allocated these quota places.</p> <p>The events counting for the World Triathlon Individual Olympic Qualification Ranking will be determined according to the criteria outlined on the official website of World Triathlon here.</p> <p>The best two athletes in the World Triathlon Individual Qualification Ranking from NOCs with already allocated quota places are excluded from obtaining a quota place via the individual rankings.</p>
	Total 4 2 x Men 2 x Women	Universality Places <p>Two quota places per gender will be allocated according to the Tripartite Commission Invitation.</p>
Total 10 5 x Men 5 x Women	Continental Games (“New Flag”) <p>In order to ensure continental representation, the highest ranked NOC on the Continental Games held during the olympic qualification period not yet qualified will receive one quota place for their NOC.</p> <p>The allocation of Continental Games is done in the following priority order at the time of the closing of the qualification process:</p> <ol style="list-style-type: none"> 1. African Games 2. Pan American Games 3. Asia Games 4. European Games 5. Pacific Games <p>If there is no eligible NOC according to the result of the Continental Games for a particular continent, the quota place will be allocated to the NOC of the next highest ranked athlete according to the World Triathlon Individual Olympic Qualification Ranking, irrespective of the continent.</p>	

Athletes earning a quota place through Continental Games will remain as eligible in the World Triathlon Individual Olympic Qualification Ranking or in the Tripartite Commission Invitation Places. In the case that this athlete or any other from the same NOC earns a quota place through the World Triathlon Individual Olympic Qualification Ranking or through the Tripartite Commission Invitation Places, the quota place obtained through the Continental Games will be cancelled and reallocated through the Continental Games to the next highest NOC from the specific continent and not yet qualified.

In the case that a particular Continental Games do not take place or the triathlon event is cancelled, the quota places will be decided in a continental championships in the affected continent decided between World Triathlon and the continental confederation

Total 10

5 x Men

5 x Women

World Triathlon Ranking as of 18 May 2028 (“New Flag”)

In order to further ensure continental representation, the highest ranked NOC not yet qualified will receive one (1) quota place for their NOC.

The allocation is done in the following priority order:

1. Africa
2. Americas
3. Asia
4. Europe
5. Oceania

If there is no eligible NOC according to the World Triathlon Ranking for a particular continent, the quota place will be allocated to the NOC of the next highest ranked athlete according to the World Triathlon Individual Olympic Qualification Ranking, irrespective of the continent. Athletes obtaining a quota place through the World Triathlon Ranking will remain as eligible in the World Triathlon Individual Olympic Qualification Ranking or in the Tripartite Commission Invitation Places or in the Continental Triathlon Championships. In the case that this athlete or any other from the same NOC earns a quota place through the World Triathlon Individual Olympic Qualification Ranking or through the Tripartite Commission Invitation Places or through the Continental Triathlon Championships, the quota place obtained through the World Triathlon Ranking will be cancelled and reallocated through the World Triathlon Ranking to the next highest ranked NOC from the specific continent not yet qualified.

The events counting for the World Triathlon Ranking will be according to the criteria outlined on the official website of World Triathlon [here](#).

D.2.

Universality Places

Two universality places per gender are made available to eligible NOCs at the LA28 Olympic Games.

On 1 October 2027, the IOC will invite all eligible NOCs to submit their requests for Universality Places. The deadline for NOCs to submit their requests is 15 January 2028. The Tripartite Commission will confirm, in writing, the allocation of universality places to the relevant NOCs after the end of the qualification period for the sport concerned.

Detailed information on universality places is contained in the “*Games of the XXXIV Olympiad, Los Angeles 2028 - Olympic Games Universality Places - Allocation Procedure and Regulations*” document.

E. CONFIRMATION

E.1. Confirmation of quota places

Following the last event of the qualification period, World Triathlon will publish the allocated quota places on its website (www.triathlon.org).

World Triathlon will inform the respective NOCs of their allocated quota places by 22 May 2028. NOCs will need to confirm the use of their allocated quotas no later than 5 June 2028.

E.2. Confirmation of host country places

The host country must confirm in writing or via an attached letter to an email to World Triathlon by 5 June 2028 the use of its host country places.

E.3 Confirmation of Tripartite Commission Invitation Places

The NOCs allocated Tripartite Commission Invitation Places must confirm in writing or via an attached letter to an email to World Triathlon by 5 June 2028 the use of the Places.

F. REALLOCATION

F.1. Reallocation of unused quota places

If an allocated quota place is not confirmed by the NOC by the confirmation of quota place deadline or is declined by the NOC, the quota place will be reallocated as follows:

- Unused quota place from the World Triathlon Mixed Relay Olympic Qualification Ranking or the World Triathlon Mixed Relay Olympic Qualification Event or the World Triathlon Individual Olympic Qualification Ranking will be reallocated to the next highest ranked NOC, according to World Triathlon

Individual Olympic Qualification Ranking, respecting the maximum number of athletes per NOC specified in paragraph **B. Quota Places**.

- Unused quota place from the Continental Games will be reallocated to the NOC of the next highest ranked athlete from the respective continent in the Continental Games without a qualification place. If there is no eligible NOC from the respective continent, the quota place will be allocated to the NOC of the next highest ranked athlete according to the World Triathlon Individual Olympic Qualification Ranking, regardless of the continent, respecting the maximum number of athletes per NOC specified in paragraph **B. Quota Places**. Athletes earning a quota place through the Continental Games will remain as eligible in the World Triathlon Individual Olympic Qualification Ranking. In the case that this athlete or any other from the same NOC earns a quota place through

the World Triathlon Individual Olympic Qualification Ranking, the quota place obtained through the Continental Games will be cancelled and reallocated through the Continental Games to the next highest NOC from the specific continent and not yet qualified.

- Unused quota place from the World Triathlon Ranking will be reallocated to the NOC of the next highest ranked athlete from the respective continent according to the World Triathlon Ranking without a qualification place. If there is no eligible NOC from the respective continent, the quota place will be allocated to the NOC of the next highest ranked athlete according to the World Triathlon Individual Olympic Qualification Ranking, regardless of the continent, respecting the maximum number of athletes per NOC specified in paragraph **B. Quota Places**. Athletes earning a quota place through World Triathlon Ranking will remain as eligible in the World Triathlon Individual Olympic Qualification Ranking. In the case that this athlete or any other from the same NOC earns a quota place through the World Triathlon Individual Olympic Qualification Ranking, the quota place obtained through the World Triathlon Ranking will be cancelled and reallocated through the World Triathlon Ranking to the next highest NOC from the specific continent and not yet qualified.

F.2. Reallocation of unused host country places

Any unused host country place will be reallocated to the next highest ranked NOC, according to the World Triathlon Individual Olympic Qualification Ranking, respecting the maximum number of athletes per NOC specified in paragraph **B. Quota Places**.

F.3. Reallocation of unused universality place

Unused universality place(s) will be reallocated to the next highest ranked NOC, according to the World Triathlon Individual Olympic Qualification Ranking, respecting the maximum number of athletes per NOC specified in paragraph **B. Athletes Quota**.

G. QUALIFICATION TIMELINE

Period	Date	Milestone
Qualification	18 May 2026 – 18 May 2028	World Triathlon Olympic Qualification Period
	12 July 2026	2026 World Triathlon Mixed Relay Championships
	TBC	2027 World Triathlon Mixed Relay Championships
	20 January – 7 February 2027	African Games
	16 July – 1 August 2027	Pan American Games
	20 – 21 September 2026	Asian Games
	June 2027	European Games
	24 July – 8 August 2027	Pacific Games
	15 January 2028	Deadline for NOCs to submit their requests for Tripartite Commission invitation places
	18 May 2028	World Triathlon Mixed Relay Olympic Qualification Ranking
	18 May 2028	World Triathlon Individual Olympic Qualification Ranking
18 May 2028	World Triathlon Ranking	
Confirmation and reallocation	22 May 2028	World Triathlon to inform NOCs/NFs of their allocated quota places and eligible athletes
	22 May 2028	The Tripartite Commission to confirm in writing the allocation of Invitation Places to the NOCs
	5 June 2028	NOCs to confirm use of allocated quota places to World Triathlon
	10 June 2028	World Triathlon to reallocate all unused quota places

Sport Entries deadline	26 June 2028	LA28 Sport Entries deadline
Games Time	14 - 30 July 2028	LA28 Olympic Games

H. ANNEX

World Triathlon Mixed Relay Olympic Qualification Ranking:

MROQR

World Triathlon Individual Olympic Qualification Ranking:

IOQR

“New Flag”:

NOCs not yet qualified at that point of the qualification pathway

I. USEFUL LINKS

[World Triathlon Individual Olympic Qualification Ranking](#)

[World Triathlon Mixed Relay Olympic Qualification Ranking](#)

[World Triathlon Ranking](#)

[World Triathlon Calendar](#)